



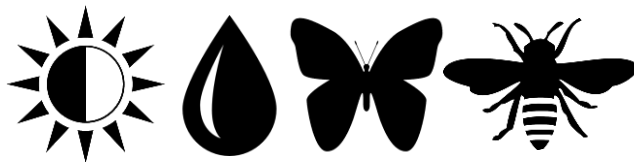
Yellow Sneezeweed

Helenium amarum



This plant gets its name because of the legend that Helen of Troy cried and when her tears fell, this plant sprang up. The leaves are extremely narrow, almost thread-like. As a member of the daisy family, the true flowers are in the center of the blossoms. It is also known by the name of “bitterweed” because cattle that happen to eat it produce sour milk.

- Annual
- Grows 2 feet
- Found in prairies, plains, savannahs, meadows



Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
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Flowering Time